

## Healthy Births Learning Collaborative

### SPA 8

July 30, 2007

#### Meeting Notes

1:00 p.m. – 3:00 p.m.

Harbor UCLA Medical Center

Professional Building

Board Room

21840 South Normandie Avenue

Torrance CA 90502

#### Meeting Purpose:

- 1) Membership Recruitment Update
- 2) LABBN Update: Showcasing our Accomplishments/Successes
- 3) Open House for September 10, 2007
- 4) Review and Discuss Nutrition Workshops

**Co-Chair:** Jennifer Haddad

**Co-Chair:** Shirley Smith

### Meeting Notes

#### 1. Welcome and Introductions

#### 2. Business

- **Membership Recruitment Update**
  - Open House for September 10, 2007.
- ▶ Collaborative members reviewed the Open House flyer Ava developed and made some changes.
- ▶ Group members developed the agenda for the Sept. 10, 2007 meeting. (See attached agenda)
- ▶ A suggestion was made to email out the open house flyer to our personal contact list.
- ▶ Each HBLC member will bring a potential HBLC partner to the Open House.

#### 3. Group Discussion

- **LA Best Babies Network Update**
  - ▶ Healthy Births through Healthy Communities Partners Symposium 2007 November 14<sup>th</sup>, 2007 at the California Endowment  
Showcasing Our Accomplishments/Successes:  
Every year the LA Best Babies Network hosts an event in which of all the components of the Healthy Births Initiative are featured and Network members are invited to participate in skill building activities. To showcase the successes of each collaborative component, each group has been

asked to create a newsletter highlighting 2 accomplishments, projects, or stories. These newsletters will be enlarged and displayed around the room as well as made available as standard size flyers that will be passed out. The templates for these newsletters will be provided by LA Best Babies Network.

Ms. Radillo announced we need volunteers to create the SPA 8 HBLC newsletter. Ms. Jean Hansen Ms. Jennifer Haddad and Mr. José Perez volunteered to work on this project.

Deadline for newsletter submission to the LA Best Babies Network is September 28<sup>th</sup>, 2007.

- **Roles and Responsibilities of Being an HBLC Member**

Co-chairs discussed with the group the idea of developing a document that will state the roles and responsibilities of being an HBLC member. The plan is to have this document ready before the Open House scheduled for September 10<sup>th</sup> so we can hand it out to new and current members. Shirley volunteered to develop the roles and responsibilities handout.

- **Nutrition Workshops Update**

Jennifer introduced Brenda, the intern for the SPA 8 group. Brenda is an undergraduate student at Cal State LA. Her major is Health Sciences with a specialization in Community Health.

Due to the quarter system at Cal State L.A., Brenda only has 8 weeks to develop and implement the workshops.

Brenda discussed objectives and timeline with group members, and announced that the workshops will be conducted mainly at the Women's Health Care Clinic. However, she offered to conduct some of them at other locations.

**Topic: Nutrition Workshops**

Objectives:

1. Increase participants' awareness of healthy food choices.
2. Provide twelve workshops by the end of August 2007.
3. Increase parents' awareness of modeling healthy food choices to their children.
4. Connect participants with local resources for nutrition information.

Tasks	Timeline
1. Draft of nutrition workshops and evaluation tool	1. July 12, 2007
2. Submit final nutrition curriculum and evaluation tool	2. July 19, 2007
3. Conduct at least 12 workshops in SPA 8	3. August 9, 2007
4. Completed project, report summary	4. August 23, 2007

HBLC members had previously reviewed and provided feedback to Brenda regarding the length of presentations, activities, and pre and post tests. Brenda announced this project will be completed by August 23, 2007.

#### **4. Future Planning**

- Next meeting

Please note that we will be meeting at the **Liu Research Building** for the September meeting.

**September 10, 2007 from 1:00 pm- 3:00 pm at:**  
**Harbor UCLA Medical Center**  
21840 South Normandie Avenue  
Torrance CA 90502  
**Liu Research Building**  
**Conference Room**

Enter the building under the Steve K. Liu sign. The conference room is on the first floor to your right.

**We hope to see you there!**

#### **5. Announcements**

#### **6. Adjourn**