

Healthy Births Learning Collaborative

SPA 3
March 27, 2008
11:00 AM – 12:30PM

Meeting Location:
PHFE WIC Main Office
Client Services Conference Room
12781 Schabarum Ave
Irwindale, Ca 91706

Meeting Notes

Meeting Purpose:

- 1) LABBN Update
 - o Maternal Depression Workshop Summary
 - o Wilder Survey Results
- 2) Program Showcase: Care 1st Health Plan
- 3) Discussion
 - o 2008 Action Plan

Co-Chair: Cordelia Hanna-Cheruiyot

Co-Chair: Stacy Powell

1. Welcome

- Introductions

2. LA Best Babies Network Update ~ Brenda Robledo

- Maternal Depression Workshop Summary
Brenda Robledo provided a summary on the Maternal Depression Workshop that took place on March 19, 2008 at the California Endowment; the one day workshop was set to engage a network of members around the issue of postpartum depression. The workshop built upon the learning objectives and evaluations from the Maternal Depression Seminar that was held in September 2007. Network members determined that the prevalence of this issue together with a persistent lack of resources within Service Planning Areas necessitated a session to address this issue further.
Over 160 network members participated in the workshop, where objectives included assessing the three critical pathways to recovery from maternal depression, identifying roles that every individual plays to assist women toward health, describe the impact of maternal depression on women, infants and families, summarize current resources within LA County, strategies for providing culturally appropriate maternal depression care, build capacity and skills to screen, identify and assist for maternal depression.
There was an 86 percent response rate from evaluations. There will be a continued dialogue, additional materials and resources made available through LA Best Babies Network website and listserv.

- Wilder Survey Results
The Wilder Survey results were not discussed due to attendance of only one network member and one new member.
The Wilder survey results will be revisited at the May meeting.

3. Program Showcase ~ Lena Chung, Care 1st Health Plan

Lena Chung, Community Outreach Representative provided a brief presentation of services Care 1st offers:

- Care 1st provides the community with free information on diabetes, immunizations, how to obtain low cost and no cost health insurance, free transportation to doctor visits for Care 1st members, and information about Healthy Families, Healthy Kids, Medi-Cal, Denti-Cal, and Medicare programs.
- Care 1st maintains close relationships with providers to ensure quality care to its members.
- Care 1st offers a community based grants and sponsorships. The community based grant is a grant where community based organizations, faith based organizations and 501(c)(3) non profit organizations are eligible. Grants are awarded based on the organizations proven records of working to reduce health care disparities. Care 1st offers a variety of sponsorships such as prizes and lunches for events that are related to improving health.

4. Discussion~ Brenda Robledo

- 2008 Action Plan
The action plan did not move forward because there were not enough members to continue the discussion. Lena Chung and Marti Perhach provided feedback on the cultural competency trainings. It was reinforced that lunchtime training is best because of time constraints on staff, however there needs to be a desirable incentive. Providing lunch for staff was discussed as an incentive and a couple of suggestions were: Care 1st could sponsor lunch for the staff and Trader Joe's also donates food items (both would need 1-3 months advance notice)
Lastly, Lena and Marti provided their feedback on creating several modules and then proceed to trainings or to start with the one training. They suggested piloting the one training first, before developing several training modules.

5. Adjournment

**Next Meeting: Friday, May 30th, 2008.
Hope to see you there!**