

**Healthy Births Learning Collaborative
SPA 3
January 25, 2008
11:00 AM – 12:30PM**

Meeting Location: *Note Room Change

PHFE WIC Main Office
Client Services Room
12781 Schabarum Ave
Irwindale, Ca 91706

Meeting Notes

Meeting Purpose:

- 1) LABBN/ Wilder Collaborative Survey
 - Administer Survey
 - 2007 Symposium Summary
 - Breastfeeding Friendly Workplace Policy Brochure
- 2) Discussion
 - Provider Breakfast Compiled Report
 - 2008 Action Plan: Framework & Components

Co-Chair: Cordelia Hanna-Cheruiyot

Co-Chair: Stacy Powell

1. Welcome

- Introductions & Icebreaker

2. LA Best Babies Network Update ~ Brenda Robledo

• **Wilder Collaborative Survey 2007**

The Wilder Collaborative Survey is a tool used by collaborative groups such as the HBLCs, to identify and learn the strengths and challenges of the collaborative. Last year members were given the survey and asked to fax back to the Network. The response rate was low via fax so this year we allotted time in the agenda for members to fill out the Wilder Collaborative Survey at the meeting.

• **2007 Symposium Summary**

Brenda Robledo provided the group with a brief summary of the Symposium that took place on November 14th, 2008 at the California Endowment. Summary included purpose of the symposium, reported there were 130 attendees representing 104 organizations, an overview of the day's program and a summary of the evaluations, where there was a 61 percent response rate. Overall, received good and positive feedback about the symposium.

Next Meeting: THURSDAY March 27th, 2008!

If members are interested in receiving a copy of the materials handed out at the symposium, contact Brenda Robledo brobledo@labestbabies.org.

- **Breastfeeding-Friendly Workplace Policy Brochure**

In 2007, SPA 2 HBLC recognized that one of the primary reasons that women quit breastfeeding is that they do not feel they can comfortably continue breastfeeding upon their return to work. SPA 2 HBLCs action plan was to develop a strategy to increase breastfeeding rates in the SPA 2 community. This brochure encourages employers in California to adopt policies to ensure that working moms have time, space and support to either express breastmilk or breastfeed during the work day. Each member received a copy of the brochure to take back to their agency and are encouraged to advocate for new moms that are returning to work and to use the brochure as a tool to educate clients on their rights. If you would like to request additional copies of the brochure email Julie Gates, HBLC coordinator at jgates@labestbabies.org.

3. Discussion~ Stacy Powell & Cordelia Hanna-Cheruiyot

- **Provider Breakfast Compiled Report**

A copy of the compiled report was provided to members (also available on SPA 3 HBLC website <http://www.labbn.org/hbhc/spa3.htm>) and Co-Chair, Stacy Powell briefly discussed the purpose, results and the finding of the provider breakfasts. The purpose of the breakfasts was to identify ways the SPA 3 HBLC can assist in increasing client education, access to resources and support. There were two breakfasts held at two sites in SPA 3. The findings were that the CPSP providers have very little time and want trainings on various topics. Some of their suggestions included: gestational diabetes, mental health-postpartum “blues”, PIH, etc.

- **2008 Action Plan: Framework & Components**

In order to develop an educational curriculum, there is a framework or theory that the curriculum will be based on. Co-Chair, Cordelia Hanna-Cheruiyot presented a philosophy and principles that SPA 3 HBLC can adopt, which is derived from the CIMS initiative (Coalition for the improvement of Maternity Services). The group discussed the philosophies and principles presented and agreed to use them as the framework with a few minor changes.

For 2008’s action plan, the SPA 3 HBLC is moving forward to the second phase: implementation; by enhancing or emolliating the trainings CPSP’s have already received and provide such trainings to other staff, that don’t necessarily have a title of CPHWs. Another idea that was considered was a CD Rom or PDF resource listing to accompany training modules.

The group will develop training modules on topics suggested from the provider breakfasts and go back to provider offices for one hour lunch trainings. The trainings and lunches provided by SPA 3 HBLC members.

Since, there were various suggested topics the group went around the table and stated which topic they are knowledgeable in or can get in contact with someone in that topic area: Latino Family Institute has in depth presentations on all topics, at this meeting we specifically focused on Cultural Competency [& Pregnancy] (Karina Carvajal); Black Infant Health has much information on all topics (Stacy Powell);

LAMB project can provide plenty of statistics in most topic areas; Planned Parenthood has a wealth of knowledge on STI's (Beverly Mosley); Mental Health-Pacific Clinics (Winnie Hsieh); Nutrition (Brenda Robledo), Fetal Development, Complications of Pregnancy, and Prevention on Prematurity (Cordelia Hanna-Cheruiyot).

The first module topic the group wants to work on is on Cultural Competency; Latino Family Institute already has an extensive presentation and we also have the CPSP cultural competency training information available. A sub-group consisting of Karina Carvajal (LFI), Cordelia Hanna-Cheruiyot (Pasadena BIH) and Stacy Powell (Prototypes BIH) meeting in February to review information and report findings at the SPA 3 HBLC March meeting.

4. Next Steps

- Select content and resources for Cultural Competency & Pregnancy module
- Print SPA 3 HBLC brochures with up-to-date meeting information

5. Announcements & Adjournment

- **March Meeting:** The group agreed that the March meeting can be moved to THURSDAY, March 27th, time and location remain the same.