



**Healthy Births Learning Collaborative  
SPA 2**

**January 23, 2007  
9:00 a.m. – 11:00 a.m.**

**NOTE CHANGE – Meeting Location:**

Children’s Planning Council  
7555 Van Nuys Blvd. 2<sup>nd</sup> Floor  
Van Nuys, CA 91405  
Entrance to Parking on Saticoy  
*Meeting will take place in the Main Conference Room*

**Meeting Notes**

**Meeting Purpose:**

- 1) Review and make final comments on Workplace Breastfeeding Policy
- 2) Define next steps for the Workplace Breastfeeding Policy
- 3) Discuss possible action plans for:
  - A. Lack of Adequate Prenatal Care
  - B. Teen Pregnancy

**Co-Chair:** Rebeca Pastrana-Sheng

**Co-Chair:** Demitra Adams

**1. Welcome**

Introductions

- Introduction of two new LABBN members: HBLC Coordinator, Julie Gates, and new Outreach Specialist, Jaquelyn Manougian.
- Hard copies of the Wilder Survey were handed out, completed, and collected.

**2. Business**

Program Showcase

Amy Kelly, LCSW, gave a presentation on The Teen Parent Program of the Los Angeles Unified School District.

- California pregnancy statistics were presented.
- Although LAUSD currently has 7 pregnant and parenting school sites, their current focus is on reaching “regular” schools as many pregnant students are opting to stay in traditional high schools.
- Also, the McAlister and Riley School Programs for Pregnant Students are NOT accredited, making them unsuitable for college-bound students.
- One of their main goals is to inform the community of the rights and responsibilities of parenting students. An overview was given about student rights, for example, “Schools must treat pregnancy and related conditions as they treat any other medical condition. Schools shall make reasonable adjustments to facilitate the equal access and full participation of pregnant and parenting students, i.e. flexible scheduling, use of elevators, time to breastfeed/lactate, etc.
- Other education options are available for pregnant or parenting teens including the Berenece Carlson Home/Hospital School Program (for teens

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with medical complications), Pregnant Minor Sites (Riley HS and McAlister HS), High Schools with Infant Centers (four sites in LAUSD), and Independent Studies.

- For more information, please contact Amy Kelly, PSA Counselor, at (213) 763-7420.

### 3. Discussion - Ellen Steinberg / Olga Vigorchik

- Members reviewed the latest version of the Workplace Breastfeeding Policy Template. Corrections and additions were made as follows:
  - In the introduction, under the Benefits section for employees and co-workers, two ideas were combined to read “Increased employee loyalty and retention”
  - Placement of footnoting notations were edited
  - The title of the policy template is to read “Breastfeeding Friendly Workplace Policy *Template*”
  - Wording in the actual Policy section was modified
  - Under the Highly Recommended section for additional suggestions, addition of a sixth point was added: “Appropriate signage and/or other security measures may be used to identify the occupied status of the lactation area.”
  - Under the Also Suggested heading, point six was modified to present more appropriate wording
  - The appendices were relabeled to include the List of Organizations Recommending Breastfeeding (Appendix B)
  - Appendix B is to be alphabetized
  - The California Labor Code § 1030, 1031, 1032, 1033 on Appendix C was deleted
  - The abbreviation “Cal.” is to be replaced by the full word, “California”
- Discussion about the policy outline included identification of the three target audiences (employers, employees, and parents), the need for the clause concerning tolerance and discrimination, and the possibility of compiling a list of companies which implement workplace breastfeeding policy into their business.
- The \$5,000 of funding from the Office of Women’s Health which was initially thought to be available for this project may no longer be granted. Details to follow in the upcoming months. Other sources of funding will most likely be needed.
- Brainstorming other possible items to enclose in the tool kit included: a cover page, a sample newsletter entry, a resource packet, statistics, CD with PowerPoint Presentation, and more.

### 4. Action Plan Update – Demitra Adams

Discussing possible action plan ideas tabled for next meeting.



## **5. Next Steps**

- Finalizing Workplace Breastfeeding Policy Template
- Seeking other sources of funding for tool kit
- Determining exactly what to include in the tool kit

## **6. Networking and Adjournment**

**The next meeting will be on Tuesday, March 20<sup>th</sup>, 2007 from 9-11**