

AV Network for Healthy Families
a Healthy Births Learning Collaborative

Meeting Location:

February 7, 2007

9A – 10:30A

Antelope Valley Hospital ~ Imaging Center
Conference Room 15, 4th Floor
44105 15th Street
Lancaster, CA

Meeting Notes

Meeting Objectives:

- 1) Review/revise Vision, Mission Statement, and Ground Rules
- 2) Action Plan 2007
- 3) Agency Showcase Schedule

Co-Chair: Nicki Brown

Co-Chair: Gwen Cole

Welcome

9:00AM

- Introductions
- Icebreaker

Partner Update

9:15AM

- Kira Jeter from the LA Best Babies Network (LABBN) introduced Julie Gates, the new HBLC Coordinator, and Jaquelyn Manougian, the new Community Outreach Specialist.
- In regards to the recent news about AV Hospital possibly no longer accepting Blue Cross Medi-Cal, all we have been informed is that the contracts are still being negotiated. They have extended coverage until April 30th, 2007. We plan to contact someone directly from AV Hospital, to speak at our HBLC meeting, to get more direct, accurate information.

AV Network Business

9:20AM

- The group briefly reviewed the Vision, Mission Statement, and Ground Rules of the AVNHF. No changes were suggested.
- LABBN presented findings of LA County 1st Trimester Onset of Prenatal Care, graphed by SPA. Results showed that SPA 1 not only had the lowest overall percentages, but the region was the only one to show a significant *decrease* in numbers (from 2003 to 2005). Members asked if this data could be presented by zipcode, rather than just by SPA. LABBN will work to provide that data for the next meeting.
- A number of issues were discussed as to the possible factors that would contribute to this

declining number of onset prenatal care during the 1st trimester:

- o Transportation
- o Lack of information and education
- o Decreased provider staffing

- A variety of topics and ideas sprung from this discussion, including:
 - o outreach in high schools, and even junior high schools;
 - o information located in home pregnancy tests, outlining the next steps a women should take when learning of pregnancy through a home-administered test (such as making an appointment with a clinic, etc.);
 - o developing a resource guide, listing agencies in SPA 1, organized in a chronological fashion, as to what assistance a women would need according to her position in the reproductive lifecycle (i.e., preconception, prenatal, postpartum, interconception, etc.)
 - o getting more information about the local 2-1-1 line, and updating the resources with SPA 1 agencies

- It was decided that the group wanted to work toward completing the local resource guide as a side project, supplementing the mini-health fairs for the year. Each member is to outline their information to be listed in the brochure as follows:
 - Name of agency
 - 1 sentence about resources and help the agency can provide
 - Phone number (contact name, optional)
 - Which term the agency would fit under - preconception, prenatal postpartum, interconception, etc. (May be more than one)

This information should be emailed as soon as possible to Jaquelyn Manougian at Jmanougian@LABestbabies.org

- Action Plan 2007: Mini Health Fairs
 - o The first event under the 2007 Action Plan, is a health informational to be held at AV High School on **Friday, February 23, 2007 at 9:00am**. Many of the activities and arrangements have already been made with the help of Tomi Perkins, Valerie Spencer and Jennifer Roberts from SPA 1 Children's Planning Council. The event will be a whole morning, possibly whole day, affair for a small selected group of parenting or pregnant teen girls. Workshops, activities, and speakers will present on a variety of topics, including:
 - Birth control
 - STDs/Safe sex
 - Health insurance
 - Infant CPR
 - Shaken Baby Syndrome
 - Immunisation
 - Transportation

If anyone can offer their time as a speaker for these topics, or any other resources, please contact Tomi Perkins at tperky63@sbcglobal.net. We plan to host similar events every other month.

- Update on Blue Cross mini-grant
 - o Unfortunately the AVNHF HBLC does not have 501(c)3 status, nor can LABBN

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assume fiscal responsibility for the group. The only option would be to have one of the agencies represented at the HBLC take on this responsibility. Aretha Lighter from DAYSTAR said she would propose this idea to her agency.

- Schedule Showcase Agency speakers for upcoming months
 - A blank schedule was passed around listing the AVNHF HBLC meeting dates for the next year. Members were encouraged to sign-up for a meeting in which they would like to present about their agency, or even suggest a speaker for that month.
 - For our next meeting on **March 7th, 2007**, **Dr. Elaine Schneider** has been confirmed to present. She will be hosting a mini-seminar on Infant Massage. She is a Ph.D., owner of Baby Steps and AV Therapies. She has written a book about infant massage, conducts classes, and has extensive experience conducting workshops and seminars on the subject.
 - If you would like to present or know of someone you would like to hear from, please contact Jaquelyn Manougian at Jmanougian@labestbabies.org.

Announcements & Adjournment

10:30AM

See you March 7, 2007!